

Dance I (FA or PE)

Scope and Sequence 2022-2023

Course Description: *Dance I students will learn fundamental skills in these dance techniques: ballet, modern, jazz, tap, folk, character, hip hop, and World Dance. In addition, course objectives will emphasize (1) creative expression through movement; (2) awareness of space, time, and energy in dance technique and improvisational studies; (3) development of self-confidence through the use of the body as an expressive instrument; and (4) appreciation of dance as an art form.*

Texas Essential Knowledge and Skills: Visit the [TEKS](#) for more information.

Instructional Units	Days**	
First Semester	75	End Date
1 st Grading Period: Foundations of Dance , Conditioning and Stretching	08/22/2022	10/14/2022
*2 nd Grading Period: Choreography & Performance, Ballet, Jazz	10/17/2022	12/16/2022
Second Semester	92	End Date
3 rd Grading Period: Social Dance, Lyrical, Modern, Contemporary	01/03/2023	03/10/2023
*4 th Grading Period: Creative Expression & Performance, Critical Evaluation & Response, Choreographic Composition	03/20/2023	05/25/2023

* Includes time for Final Exams.

**The length of each unit is a specific number of days, but it is understood that there is a range of +/- a day. The purpose of the flexibility is meant to allow teachers the opportunity to plan for the needs of their students and to accommodate re-teaching or review when necessary. If pre-assessment indicates student mastery could be obtained in a fewer number of days, the additional time could be used for extension or carried into the next unit.

Instructional Material(s):

Discovering Dance

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